Calcium Signaling

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Calcium ions (Ca\(^{2+}\)) impact nearly every aspect of cellular life. This review examines the principles of Ca\(^{2+}\) signaling, from changes in protein conformations driven by Ca\(^{2+}\) to the mechanisms that control Ca\(^{2+}\) levels in the cytoplasm and organelles. Also discussed is the highly localized nature of Ca\(^{2+}\)-mediated signal transduction and its specific roles in excitability, exocytosis, motility, apoptosis, and transcription.

In the furnaces of the stars the elements evolved from hydrogen. When oxygen and neon captured successive \(\alpha\) particles, the element calcium was born. Roughly 10 billion years later, cell membranes began to parse the world by charge, temporarily and locally defying relentless entropy. To adapt to changing environments, cells must signal, and signaling requires messengers whose concentration varies with time. Filling this role, calcium ions (Ca\(^{2+}\)) and phosphate ions have come to rule cell signaling. Here, I describe our current understanding of Ca\(^{2+}\)-mediated signaling (complementing several excellent reviews [Berridge, 2005; Burgoyne, 2007; Carafoli, 2004; Petersen, 2005; Rizzuto and Pozzan, 2006]) and place particular emphasis on emerging themes related to Ca\(^{2+}\) binding proteins, Ca\(^{2+}\) entry across the plasma membrane, and the localized nature of Ca\(^{2+}\) signals.

Ca\(^{2+}\): One Ion, Two Charges

Protein function is governed by shape and charge. Ca\(^{2+}\) binding triggers changes in protein shape and charge. Similarly, phosphorylation imparts a negative charge, altering protein conformations and their interactions (Westheimer, 1987). Protein kinases, comprising ~2% of eukaryotic genomes, remove phosphate from ATP and covalently attach it to the free hydroxyl groups of serine, threonine, or tyrosine residues. The abilities of Ca\(^{2+}\) and phosphate ions to alter local electrostatic fields and protein conformations are the two universal tools of signal transduction.

Cells invest much of their energy to effect changes in Ca\(^{2+}\) concentration ([Ca\(^{2+}\)]). Underlying the speed and effectiveness of Ca\(^{2+}\) is the 20,000-fold gradient maintained by cells between their intracellular (\(~<\)100 nM free) and extracellular (nM) concentrations. In contrast, the concentration of Ca\(^{2+}\)’s cousin, Mg\(^{2+}\), barely differs across the plasma membrane. Why is Ca\(^{2+}\) so avidly excluded from the cytosol? One reason is that Ca\(^{2+}\) binds water much less tightly than Mg\(^{2+}\) and precipitates phosphate. Hence, cells have evolved ways to sequester this dangerous divalent, perhaps at first to simply reduce its cytosolic levels but later to use its binding energy for signal transduction. Unlike complex molecules, Ca\(^{2+}\) cannot be chemically altered. Thus, to exert control over Ca\(^{2+}\), cells must chelate, compartmentalize, or extrude it. Hundreds of cellular proteins have been adapted to bind Ca\(^{2+}\) over a million-fold range of affinities (nM to mM), in some cases simply to buffer or lower Ca\(^{2+}\) levels, and in others to trigger cellular processes. The local nature of Ca\(^{2+}\) signaling is intimately tied to this large range of affinities.

The calcium ion can accommodate 4–12 oxygen atoms in its primary coordination sphere, with 6–8 being most common. The chelating compounds EDTA and EGTA cage Ca\(^{2+}\) via a doublet of two amine and four carboxylate groups. In comparison, nature’s specialized Ca\(^{2+}\) binding proteins, the oxygen atoms of carboxyl and carbonyl groups (and sometimes water) coordinate binding to Ca\(^{2+}\). Typically, six to seven oxygen atoms surround Ca\(^{2+}\) at \(~<\)2.5 Å in a pentagonal bipyramid (Figure 1A) (Strynadska and James, 1989). The professional protein chelator of Ca\(^{2+}\) is the EF hand domain (named after the E and F regions of parvalbumin) (Nakayama and Kretsginger, 1994), which is present in hundreds of proteins. Helix-turn-helix motifs are common in proteins ranging from channel voltage sensor “paddles” to DNA-binding proteins. In EF hand helix-turn-helix motifs, negatively charged oxygen atoms cradle Ca\(^{2+}\) within a \(~<\)12 amino acid loop between two orthogonal \(\alpha\) helices (Figure 1B). The affinities of EF hand domains for Ca\(^{2+}\) vary \(~<\)100,000-fold depending on a variety of factors ranging from critical amino acids in the Ca\(^{2+}\) binding loop to side-chain packing in the protein core.

Ca\(^{2+}\) Sensor and Adaptor Proteins

Calmodulin, the Archetypal Sensor/Adaptor Protein

Calmodulin (CaM1-4) is a small, ubiquitous adaptor protein that amplifies Ca\(^{2+}\)’s diminutive size to the scale of proteins. No other molecule more dramatically emphasizes the evolutionary importance of Ca\(^{2+}\) signaling. Having changed only slightly over 1.5 billion years of evolution and being transcribed from three separate chromosomes in humans, expression levels of this protein shaped the beaks of Darwin’s finches (Abzhanov et al., 2006).
When Ca\(^{2+}\) binds, the shape of the calmodulin domains change, triggering their ability to relieve protein autoinhibition, remodel active sites, and dimerize proteins (Hoefflich and Ikura, 2002). Hundreds of proteins contain calmodulin recruitment sites characterized by interspersed basic and bulky hydrophobic amino acids bracketed by aromatic residues. Calmodulin is shaped like a dumbbell, but with a flexible joint in its middle (Meador et al., 1992, 1993). The EF hands of calmodulin have distinct affinities for Ca\(^{2+}\), and their binding affinities are often increased by interaction with target proteins. Binding of Ca\(^{2+}\) is associated with a large change in conformation and exposure of hydrophobic surfaces within each domain, which triggers calmodulin’s Ca\(^{2+}\) sensor activity (binding to its targets). Hydrophobic residues, usually containing methionine, wrap around amphipathic regions of target proteins, such as the α helices in myosin light chain kinase (MLCK; Figures 1B and 1C) and calmodulin dependent kinase II (CaMKII). In many cases, both domains wrap around the target, compacting the structure into a globular shape (Hoeflich and Ikura, 2002). This Ca\(^{2+}\) switch has also been cleverly adapted to a fluorescence resonance energy transfer-based Ca\(^{2+}\) sensor (Palmer and Tsien, 2006) and, mimicking nature, will likely be engineered to do much more. Calmodulin also extends the reach of Ca\(^{2+}\) by activating phosphorylation pathways. Ca\(^{2+}\)-calmodulin binding relieves autoinhibition of the catalytic domain of calmodulin kinase (CaMK) family enzymes. CaMKIIs multimerize, leading to auto- and interphosphorylations that prolong kinase activity.

S100 Ca\(^{2+}\)-sensing proteins are the largest family of EF hand proteins (>25 human genes), putatively targeting more than 90 proteins. Like calmodulin, Ca\(^{2+}\) binding in S100 proteins triggers exposure of hydrophobic surfaces to target proteins. Some S100 proteins, as homo- and heterodimers of two 2-EF-hand subunits, assemble/disassemble protein complexes (such as those containing tubulin or p53), although much remains to be discovered (Santamaria-Kisiel et al., 2006). Neuronal Ca\(^{2+}\) sensor (NCS) proteins have four EF hands, binding three (frequentin, neurocalcin-δ, GCAP) or two (KChIP) Ca\(^{2+}\) ions (Burgoyne, 2007). Their structures are also compact and globular, relying on surface charge and membrane association for specificity. Several NCS proteins (recoverin, hippocalcin, VILIP1-3) are Ca\(^{2+}\)-triggered switchblades in which a myristoyl group is unsheathed, enabling attachment to membranes.

**C2 Domains**

Lipid bilayers are like a workbench, holding proteins on a surface to organize their function and increase speed by reducing diffusion from three dimensions to two. Not surprisingly, many proteins have evolved domains that place, or remove, them from the lipid bilayer. Ca\(^{2+}\), with its positive charge, is often used to change a protein’s location in the cell from the cytoplasm to a membrane surface (translocation).

A C2 domain is an ~120 amino acid segment with a common fold, an 8-stranded antiparallel β sandwich connected by variable loops (Cho and Stahelin, 2005). In many C2 domains, binding of two or three Ca\(^{2+}\) ions in the three variable loops creates a substantial electrostatic potential that accelerates a protein’s association.
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Amphipathic region of a protein, or corresponding peptide, and pins it to the inner leaflet. An increase in local \([Ca^{2+}]_i\) activates calmodulin, which "pulls" the basic region off from the membrane. Activation of phospholipase C (PLC) hydrolyzes PIP$_2$, which also can reduce the basic cluster's interaction with the membrane. The best evidence for this mechanism comes from peripheral proteins, such as K-Ras, and MARCKS (McLaughlin and Murray, 2005), but similar mechanisms may also affect the Ca$^{2+}$-permeant, PIP$_2$- and Ca/CaM-gated TRP channels. This is modified from original figures provided by Murray and McLaughlin (McLaughlin et al., 2005; McLaughlin et al., 2002). Ca/CaM in the cytoplasm is shown in its open conformation. PIP$_2$-charged head groups are yellow; the hydrophobic peptide with interspersed basic amino acids is green. Blue lines, $+25\text{ mV}$; Red lines, $-25\text{ mV}$ electrostatic potentials. Calmodulin image reproduced from The Journal of General Physiology (2005) 126, 41–53. Copyright 2005 The Rockefeller University Press.

With anionic membrane leaflets, such as the cytoplasmic surface of eukaryotic plasma membranes and the outer leaflet of outer mitochondrial membranes (Figure 1D). Neutralization of charge by Ca$^{2+}$ binding in the variable loops of some proteins may allow penetration of hydrophobic and aromatic amino acids into the bilayer. The C2 domain is common in signal-transduction proteins; there are approximately 650 human proteins listed in the protein family (Pfam) database with C2 architectures. These include well-known signaling proteins such as phospholipases, protein-kinase C (PKC), phosphoinositide 3-kinase (PI3K), synaptotagmins, rabphilin, and Munc. Additional specificity is conferred upon this group of proteins by a second domain. For example, C1 domains bind diacylglycerol, while pleckstrin homology (PH) and PX domains bind phosphatidylinositol lipids with specificity determined by phosphate positions in the inositol ring. Thus, increases in [Ca$^{2+}$] initiate translocation of proteins with C2 and other domains (e.g., protein kinase C family proteins) to specific regions of membranes containing their substrate. Another Ca$^{2+}$-dependent membrane targeting scheme is employed by annexins, where phosphoryl moieties of the membrane replace charge from carbonyl oxygens and water in a unique Ca$^{2+}$-binding fold (Gerke et al., 2005).

**PIP$_2$, and Calmodulin Switching**

Both phosphatidylinositol 4, 5 bisphosphate (PIP$_2$) and calmodulin (either Ca$^{2+}$ bound or free) are highly negatively charged, but PIP$_2$ is bound to inner leaflets of plasma membranes by its acyl chains, whereas calmodulin is soluble and cytosolic. Both are ubiquitous and abundant. Clusters of positively charged residues on many peripheral (e.g., K-Ras, MARCKS) and integral (e.g., the juxtamembrane regions of ion channels and the EGFR) proteins produce a local positive potential that acts as a basin of attraction for PIP$_2$, both enhancing the local concentration of PIP$_2$ and pulling the cluster close to the membrane. Negatively charged calmodulin competes with PIP$_2$ and may pull the positively charged protein segment off the membrane (Figure 2) (McLaughlin and Murray, 2005). Further elaboration of this mechanism of competitive switching is enabled by PIP$_2$ generation/hydrolysis, PKC phosphorylation of the basic cluster, and the degree of Ca$^{2+}$ binding to calmodulin.

**Ca$^{2+}$ Pumps Set the Stage for Signaling**

Like Sisyphus, ATPase pumps are condemned to push Ca$^{2+}$ uphill for eternity into the endoplasmic reticulum (ER) (via sarcoendoplasmic reticular Ca$^{2+}$ ATPases; SERCA pumps) or out of the cell (via plasma membrane Ca$^{2+}$ ATPases; PMCA pumps) (Figure 3A). To maintain low cytoplasmic [Ca$^{2+}$], ATPases exchange protons for two (SERCA) or one (PMCA) Ca$^{2+}$ per ATP hydrolyzed. SERCA (ATP2A1-3) and PMCA (ATP2B1-4) Ca$^{2+}$ pumps are P type ATPases, defined by an obligatory aspartyl phosphate intermediate in the pump cycle (Strehler and Treiman, 2004). A second mechanism, the Na$^+$/Ca$^{2+}$ exchangers (NCX, or SLC8A1-3), and the Na$^+$/Ca$^{2+}$-$K^+$...
Figure 3. Maintaining and Using Ca\textsuperscript{2+} Gradients for Signaling

(A) The cytoplasmic Ca\textsuperscript{2+} level is low in resting cells. Cytoplasmic [Ca\textsuperscript{2+}] is maintained at \textasciitilde 100 nM by extrusion via plasma membrane Ca\textsuperscript{2+} ATPase (PMCA) and smooth endoplasmic reticular Ca\textsuperscript{2+} ATPase (SERCA) transporters. The Na/Ca exchanger (NCX), a major secondary regulator of [Ca\textsuperscript{2+}] is electrogenic, exchanging three Na\textsuperscript{+} ions for one Ca\textsuperscript{2+}. Intracellular Ca\textsuperscript{2+} hyperpolarizes many cells by activating K\textsuperscript{+} channels, and in some cells, Cl\textsuperscript{−} channels. This decreases Ca\textsuperscript{2+} channel activity but increases the driving force across active Ca\textsuperscript{2+}-permeant channels.

(B) The core of the Ca\textsuperscript{2+} signaling network. In excitatory Ca\textsuperscript{2+} signaling, plasma membrane ion channels are triggered to open by changes in voltage, or extra- or intracellular ligand binding. When open, \textasciitilde 1 million Ca\textsuperscript{2+}/s/channel flow down the 20,000-fold [Ca\textsuperscript{2+}] gradient (E_{rev} \textasciitilde +150 mV), maintained by elements shown in (A). Initial increases in [Ca\textsuperscript{2+}] trigger more release, primarily from ER via Ca\textsuperscript{2+}-sensitive ryanodine receptors (RyR). G protein-coupled receptor (GPCR) or receptor tyrosine kinase-mediated activation of PLC cleaves PIP\textsubscript{2} into inositol (1,4,5) trisphosphate (IP\textsubscript{3}) and diacylglycerol (DAG). IP\textsubscript{3} is a ligand for the intracellular IP\textsubscript{3}R channel spanning the membrane of the ER. GPCRs catalyze the exchange of guanosine diphosphate (GDP) for GTP on G\textsubscript{q} subunits, releasing active G\textsubscript{q} and G\textsubscript{i} subunits that in turn activate PLC\textsubscript{i}. RTKs dimerize upon ligand binding, autophosphorylate, and interact with other signaling proteins to activate PLC\textsubscript{i}.

Opening the Ca\textsuperscript{2+} Floodgate

Voltage-gated Ca\textsuperscript{2+}-selective channels (CaVs) are the fastest Ca\textsuperscript{2+} signaling proteins and initiate dramatic changes within a single cell (Figure 3B). Each channel conducts roughly a million Ca\textsuperscript{2+} ions per second down the 20,000-fold gradient; a few thousand channels/cell can effect >10-fold changes in intracellular levels within milliseconds. Like transistors, the triggering messengers are the photons of the electromagnetic field. The channel’s antenna is a paddle-shaped helix-turn-helix loop containing positively charged residues (usually arginines) (Long et al., 2005). A change in voltage moves the paddle that in turn pulls the channel “gate” open. Hodgkin and Huxley first documented that, unlike transistors, conductances in biological membranes can be highly selective. Calcium selectivity is a consequence of moderately high-affinity Ca\textsuperscript{2+} binding in the pore of the channel. Based on mutagenesis of Ca\textsuperscript{2+} channels and inferences from other Ca\textsuperscript{2+}-binding proteins such as Ca\textsuperscript{2+}-ATPases, seven oxygens contributed by aspartate and glutamate side chains are likely to form the Ca\textsuperscript{2+} cage (Gouaux and Mackinnon, 2005). In the presence of normal extracellular [Ca\textsuperscript{2+}], Ca\textsuperscript{2+} block is essential for selectivity as only Ca\textsuperscript{2+} can bind and then enter the pore. When external Ca\textsuperscript{2+} is removed, Ca\textsuperscript{2+} channels become nonselective and allow Na\textsuperscript{+} and K\textsuperscript{+} to transit the membrane.

Cell-to-Cell Signaling

The simplest type of Ca\textsuperscript{2+} compartmentalization is established by the cell’s plasma membrane. Ca\textsuperscript{2+} signaling occurs between cells in two ways. First, cellular Ca\textsuperscript{2+} autonomy can be circumvented by gap junction (connexin) channels, as often occurs in epithelia and always in cardiomyocytes. More commonly, cell-to-cell signaling is effected by transmitter-gated, usually Ca\textsuperscript{2+}-permeant, ion channels (e.g., NMDA, nicotinic, purinergic ionotropic). Voltage-gated Ca\textsuperscript{2+} channels (CaV) rapidly increase periplasmic [Ca\textsuperscript{2+}] that in turn trigger protein-fusion machines (e.g., synaptotagmins and SNARE complexes), enabling vesicles containing transmitter...
molecules to fuse to the plasma membrane. Small molecules (ATP, acetylcholine) and single amino acids (e.g., glutamate) released outside the cell gate Ca\(^{2+}\)-permeant channels (P2X, nicotinic receptors, NMDA receptors) on adjacent cell membranes. These Ca\(^{2+}\)-mediated events dominate much of neuroscience, and corollaries are now appreciated in extracellular communication between almost all cell types. Ca\(^{2+}\) control of synaptic release and Ca\(^{2+}\) entry via neurotransmitter channels is reviewed elsewhere (Jahn and Scheller, 2006; Sudhof, 2004).

**TRP Channels**

As these were recently reviewed (Ramsey et al., 2006), only a few points about transient receptor potential (TRP) ion channels are summarized here. TRP ion channels are formed by tetrameric assembly around a pore. Most are weakly voltage-sensitive, nonselective ion channels. The sole yeast, and some mammalian, TRP channels span only intracellular membranes. The majority of the 28 mammalian TRPs comprise plasma membrane channels that depolarize cells and increase intracellular Na\(^{+}\) and Ca\(^{2+}\). Many TRP channels are greatly potentiated by phospholipase C (PLC) activation by G protein-coupled and Ca\(^{2+}\)-ion empties the ER as PMCAs pump Ca\(^{2+}\) even when cytoplasmic [Ca\(^{2+}\)] levels are buffered to 100-fold lower than that of other ion channels (Prakriya and Lewis, 2006) (total CRAC current from an entire cell is only ~5–10 pA). T cells from two brothers suffering from immunodeficiency had long ago been shown to lack i_{CRAC} (Partiseti et al., 1994). In T cells, the primary Ca\(^{2+}\) entry pathway is CRAC; Ca\(^{2+}\)-dependent dephosphorylation of the nuclear factor of activated T cells (NFAT) by calcineurin initiates its translocation to the nucleus for regulation of chemokine genes (Feske, 2007). The first clue as to the molecular component of store-operated Ca\(^{2+}\) entry came when STIM1, a single transmembrane-spanning domain protein primarily residing in the ER, was found to be essential for i_{CRAC} activation (Roos et al., 2005). STIM1’s N terminus ster- ile α motif may seed multimerization, whereas its Ca\(^{2+}\)-binding EF hand is presumably the sensor of ER [Ca\(^{2+}\)] (Lewis, 2007). Subsequently, a four-transmembrane domain plasma-membrane protein, Orai1 (Feske et al., 2006; Zhang et al., 2006), was shown to be required for CRAC activity, and mutagenesis of its pore proved that it was the channel-forming subunit (Prakriya et al., 2006; Yeromin et al., 2006).

Upon ER Ca\(^{2+}\) depletion, STIM1 aggregates in the ER just below Orai1 in the plasma membrane (Figure 4A). Although apposition of the ERM domain-containing C terminus of STIM1 is within 25 nm of Orai1, a direct link has not been established (Wu et al., 2006). What causes STIM1 to cluster at plasma-membrane regions adjacent to ER membranes, and what gates Orai? Related to these details is a more important question. Like the interaction between the CaV-Ryanodine receptor Ca\(^{2+}\) calcium channels in muscle (see section below), the Stim/Orai channel complex brings Ca\(^{2+}\) into a narrow region between the plasma membrane and the ER. What are the targets of this localized release? Interestingly, submembranous mitochondria receive (and buffer) much of this localized Ca\(^{2+}\) increase. Surely there is much cell biology remaining to be uncovered, and it may have little to do with ER Ca\(^{2+}\) repletion.

**Ca\(^{2+}\) Acts Locally**

Like an aged homeowner, evolution has crowded every nook and cranny of the cell with its handiwork of lipids and proteins. Thus, nonuniformity, cooperativity, and compartmentalization are essential features of cell biology, even on the nanomolar scale. Hydrated Ca\(^{2+}\) can diffuse 40 μm in 1 s (40 nm/ms) in simple saline solution (Einstein, 1905). This mobility is never realized in the crowded, charged cytosolic world where the freedom
of Ca\(^{2+}\) is measured in nanometers and microseconds. Ca\(^{2+}\) exits single ion-channel pores at rates >1 per µs, but fixed and mobile endogenous buffers limit Ca\(^{2+}\)-mediated changes in [Ca\(^{2+}\)] at 10 µM levels within 20 nm (Naraghi and Neher, 1997), a volume that can accommodate several 40 Å calmodulin molecules (Figure 5). The steep Ca\(^{2+}\) gradient around entry sites can give rise to nonhomogeneous activation of Ca\(^{2+}\)-binding proteins with similar Ca\(^{2+}\) affinities. Countering these steep gradients are mobile buffers and mobile Ca\(^{2+}\)-trigger proteins, which prolong the Ca\(^{2+}\) signal and increase its effective length constant.

The fine reticular ER and mitochondria spread like a vast three-dimensional spider web within cells, actively sequestering Ca\(^{2+}\). The distributed nature of these Ca\(^{2+}\)-compartments insures that Ca\(^{2+}\) is only briefly free before encountering an extrusion (PMCA, NCX) or uptake (SERCA/MiCa) mechanism. Intracellular Ca\(^{2+}\) compartments are also Ca\(^{2+}\) distribution systems. The pinnacle of evolutionary success in this regard is skeletal muscle, where the sarcoplasmic reticulum is configured to provide Ca\(^{2+}\) to the adjacent muscle proteins in a manner that is as efficient and rapid as possible. Rapidity is ensured by two means; first, the light-speed messenger, voltage, activates CaV channels. Normally confined to the surfaces of cells, skeletal muscle CaVs are distributed throughout the T tubule network, which are deep invaginations of the plasma membrane. Charged residues in CaVs move in response to a change in the transmembrane voltage; the ensuing conformational changes are translated directly to the RyR channels of the sarcoplasmic reticulum. Combining the surface invaginations of the T tubule network, the distributed sarcoplasmic reticulum, and direct coupling between depolarization and RyR channel opening, insures rapid and near simultaneous release of Ca\(^{2+}\) to bind adjacent troponin and enable myosin-actin contraction. Skeletal muscle fibers are syncytia, fused from multiple single-muscle cells. In heart, where speed is less important than fidelity, single cells remain distinct, but gap junctions enable them to function as syncytia. In the event of rogue firing by groups of heart cells, gap junctions between metabolically or electrically disparate cardiac cells close to isolate the arrhythmia.

In most cells, the ER/sarcoplasmic reticulum and mitochondrial Ca\(^{2+}\) stores are not homogenously distributed. Mitochondria can divide or fuse and are moved about via microtubule and actin networks (Rice and Gelfand, 2006). Miro, an intrinsic mitochondrial protein with 2 EF hand and GTPase domains, binds to Milton, an adaptor to kinesin (Glatzer et al., 2006; Stowers et al., 2002). In a kind of ER-mitochondrial Ca\(^{2+}\) synapse, mitochondria and ER share sites of close apposition where Ca\(^{2+}\) release from ER is preferentially taken up by mitochon-
dria (Rizzuto et al., 1998). Electron microscopic tomographic studies show that smooth ER and mitochondria are joined by 10 nm tethers; experimental shortening of the tethers induces mitochondrial Ca\(^{2+}\) overload (Corderas et al., 2006) (Figure 4B). In neurons, they are often found clustered at sites of high channel activity. In skeletal and cardiac muscle, mitochondria closely associate with Ca\(^{2+}\) release sites of the sarcoplasmic reticulum but do not appear to form direct connections with RyR channels (Franzini-Armstrong, 2007). Mitochondria also accumulate at immunological synapses, buffer local Ca\(^{2+}\), regulate CRAC current, and influence T cell activation (Hoth et al., 2000). Presumably, the high Ca\(^{2+}\) at these active sites drives mitochondrial ATP production (via the Ca\(^{2+}\)-sensitive pyruvate-, α-ketoglutarate-, and isocitrate dehydrogenases), but they are also in position to act as high-capacity Ca\(^{2+}\) buffers and sentinels for Ca\(^{2+}\) overload in order to trigger apoptosis.

Although little is known of free [Ca\(^{2+}\)] in ER (net [Ca\(^{2+}\]) \(\approx 1 \text{mM}\), [Ca\(^{2+}\)] is undoubtedly heterogeneous due to the uneven distribution of ER Ca\(^{2+}\)-binding proteins such as calsequestrin, calreticulin, calnexin, and immobile Ca\(^{2+}\) buffers. The heterogeneities of [Ca\(^{2+}\)] within the ER may affect protein processing (e.g., via Ca\(^{2+}\)-sensitive chaperones such as the Hsp70 protein, BiP). Given the local nature of Ca\(^{2+}\) signaling, the heterogeneity of Ca\(^{2+}\) release from different parts of the ER must affect Ca\(^{2+}\)-dependent processes, but little is known in this submicron level, time-varying domain.

Neurons expand the opportunities for localized Ca\(^{2+}\) signaling within a single cell by orders of magnitude. Extremely long processes enable localized signaling to be integrated and modified. Even translation and RNA editing might be decentralized into far-off regions of the cell. The extreme example of Ca\(^{2+}\) compartmentalization, however, is the dendritic spine, where postsynaptic densities house Ca\(^{2+}\) sensors regulating synaptic plasticity. The spine head volume is 0.01–1 µm\(^3\) (via the Ca\(^{2+}\)-triggered CaMKII). Through a cascade of proteins, AMPA-type glutamate receptors are increased at the synapse to result in long-term potentiation of neuronal firing, thus reinforcing and prolonging the signal (Krapivinsky et al., 2004).

**Intracellular Ca\(^{2+}\) Signaling Networks**

A universal mechanism for Ca\(^{2+}\) signaling is release from intracellular compartments (Figure 3B). G protein-coupled receptors (GPCRs; primarily Gq/11 subtypes) activating phospholipase C\(\beta\) (PLC\(\beta\)) and TKR activating PLC\(\gamma\) cleave phosphatidylinositol 4, 5 bisphosphate (PIP\(_2\)) into 1,4,5-inositol trisphosphate (IP\(_3\) and diacylglycerol (DAG). IP\(_3\) binding to the IP\(_3\) receptor (IP\(_3\)R) ER channel allows diffusion of Ca\(^{2+}\) from the ER to increase intracellular [Ca\(^{2+}\)] from \(\sim 100 \text{nM to } \sim 1 \text{µM for many seconds}\). Ca\(^{2+}\) binding to the C2 domain of PKC \(\alpha\), \(\beta\), \(\delta\), \(\gamma\) subtypes initiates translocation to the membrane, where coincident DAG binding activates it. Ca\(^{2+}\)-sensitive DAG kinase phosphorylates DAG to produce phosphatidic acid, while DAG lipase converts DAG to...
arachidonic acid, thus to generate a host of bioactive molecules. Most commonly associated with the phrase “Ca\(^{2+}\) signaling,” this network dominates much of receptor biology (Figure 3B).

Although frequently called “Ca\(^{2+}\) channels,” IP\(_R_s\) are actually nonselective cationic channels that conduct Ca\(^{2+}\). As with its sister intracellular channel, the RyR, the IP\(_R\) receptor complex is massive: its pore is formed by a homotetramer of \(\sim\)3000 amino acids. The six transmembrane-spanning domain is at the very C-terminal end of each subunit, leaving room for a large number of cytoplasmic regulatory sites and protein-binding domains. Regulated by an intrinsic suppressor domain, a hinged clamshell-like structure clasps IP\(_3\) domains. Regulated by an intrinsic suppressor domain, a hinged clamshell-like structure clasps IP\(_3\) domains. Many proteins are proposed to interact with the IP\(_R\). Of these, IRBIT (IP\(_R\)-binding protein released with IP\(_R\)) regulates its IP\(_3\) sensitivity, whereas ERP44 confers redox sensing (Mikoshiba, 2007). The spatial distribution of IP\(_R_s\) (and RyRs) within structurally diverse cells such as neurons is poorly understood and is a relatively overlooked area of research. For reasons that are unclear the highest density of IP\(_R_s\) by far is in cerebellar Purkinje neurons.

Like the IP\(_R\), RyRs are massive tetrameric (2.2 mDa) channels permeant to Ca\(^{2+}\) that span the ER or sarcoplasmic reticulum. The primary natural agonist of RyR is Ca\(^{2+}\); low \(\mu M\) [Ca\(^{2+}\)] opens the channel to allow Ca\(^{2+}\) to flow out of the ER/sarcoplasmic reticulum. Like most Ca\(^{2+}\)-permeant channels, higher cytoplasmic [Ca\(^{2+}\)] near the mouth of the channel inhibits gating and prevents [Ca\(^{2+}\)] overload. Eighty percent of the RyR’s mass is cytoplasmic, where it interacts with Ca/CaM/CaMKII, FK-506-binding proteins, mAKAP/PKA, PR130/calcinin, spinothelin, and sorcin. Other regulators such as triadin, junctin, and calsequestrin appear to regulate ER Ca\(^{2+}\) availability to the pore (Bers, 2004). A major area of interest is RyR incontinence, a defect that can induce cardiac arrhythmias or accelerate metabolism /permeant channel and a favorable electrochemical gradient across the inner mitochondrial membrane via ion channels and transporters. The resting electrical gradient from cytoplasm to the interior of mitochondria is \(-150\) to \(-200\) mV. This gradient is created by active transport of protons (released from oxidized NADH) across the inner mitochondrial membrane. One eukaryotic Ca\(^{2+}\) uptake mechanism across inner mitochondrial membranes has been directly measured and identified as a highly Ca\(^{2+}\)-selective ion conductance channel (Figure 4C) (Kirichok et al., 2004). This channel, named MiCa (mitochondrial Ca\(^{2+}\) channel), binds Ca\(^{2+}\) with high affinity (K\(_d\) \(\sim\)2nM), enabling high Ca\(^{2+}\) selectivity despite relatively low cytoplasmic [Ca\(^{2+}\)]. MiCa is impermeant to the abundant cytoplasmic Mg\(^{2+}\) and K\(^+\) ions, insuring that only Ca\(^{2+}\) dissipates mitochondrial potential.

The Ca\(^{2+}\)-sensitive dehydrogenases of the Kreb’s cycle (McCormack et al., 1990) are stimulated as increased mitochondrial Ca\(^{2+}\) boosts ATP production. Increasing ATP production means that more oxygen is reduced to water, but there is also more leakage of free electrons, which results in the formation of superoxides. The resulting oxygen ions, free radicals, and peroxides are collectively called ROS, which are effective but nonselective killers; they oxidize polydesaturated fatty acids in lipids, amino acids, and damage DNA.

Innate immunity is actually a continuum of defense mechanisms from bacteria to humans, many of which involve generation of ROS. Prokaryotes adapted to earth’s increasing cyanobacteria-generated oxygen environment by evolving oxidative phosphorylation, an efficient means of ATP production. A benefit of this was the capacity to shed ROS as defensive toxins. If mitochondria originated as an engulfed prokaryote as appears likely, conflicts must have arisen during coevolution of the mitochondria and its host eukaryote; aerobic respiration benefited the organism at the cost of mitochondrial release of ROS into the cytoplasm. When a eukaryotic cell is invaded by a bacterium, the innate immunity program generates antimicrobial molecules (e.g., cationic peptides, histone-derived compounds) and proteases to kill the prokaryote. Thus, it seems likely that apoptosis arose as an adaptation of innate immunity, in which eukaryotes generated proteins targeting the outer mitochondrial membrane to release the offending cytochrome c, perhaps at first simply to control mitochondrial number or the cell’s metabolic requirements. The complex translocalization of the BCI-2 proteins, Ca\(^{2+}\)-dependent annexins, and activation of caspases may illustrate evolutionary refinement of innate immunity pathways with a bacterial symbiont. With high oxidative stress or runaway Ca\(^{2+}\)-driven ATP generation, a host of proteases (caspases, calpains, cathepsins) and other molecules choreograph cell death. Ca\(^{2+}\)-dependent annexin 1 association with the membrane, followed by “flipping” to the extracellular face, marks some apoptotic cells for removal (Gerke et al., 2005). These measures preserve the organism at the expense of infected or damaged cells.

**Mitochondria, Innate Immunity, and Apoptosis**
Ca\(^{2+}\) regulates mitochondrial function, movement, and viability. Like the ER, mitochondria can also store mM Ca\(^{2+}\) but in mitochondria Ca\(^{2+}\) is regulated by fundamentally distinct mechanisms compared to those used in the ER. Whereas Ca\(^{2+}\) readily diffuses through large pores in the mitochondrial outer membrane, it crosses the inner mitochondrial membrane via ion channels and transporters. The resting electrical gradient from cytoplasm to the interior of mitochondria is \(-150\) to \(-200\) mV. This gradient is created by active transport of protons (released from oxidized NADH) across the inner mitochondrial membrane. One eukaryotic Ca\(^{2+}\) uptake mechanism across inner mitochondrial membranes has been directly measured and identified as a highly Ca\(^{2+}\)-selective ion conductance channel (Figure 4C) (Kirichok et al., 2004).

**Emerging Ca\(^{2+}\) Release Sites**
Endosomes, Golgi vesicles (and acrosomes), lysosomes, secretory granules, and melanosomes are single membrane-bound compartments that could release Ca\(^{2+}\) (Rizzuto and Pozzan, 2006). To be candidates for fast Ca\(^{2+}\) release, these compartments must have a Ca\(^{2+}\)-permeant channel and a favorable electrochemical gradient from compartment to cytoplasm. In addition, func-
tional Ca\(^{2+}\) compartments can be formed in restricted spaces, such as cilia (also cilia-like structures such as rods, cones, dendrites, and spines) and various cellular protrusions such as lamellipodia and villi. It is too early to say which of these can release Ca\(^{2+}\) and, given the local nature of Ca\(^{2+}\)'s actions, what processes they might control. Some evidence supports localized Ca\(^{2+}\) release and control of nuclear pores, intervesicular fusion, and protrusions such as growth cones. The leading candidates for release channels in these compartments are members of the TRP ion-channel families, but as the recent discovery of Orai attests, there are Ca\(^{2+}\)-permeant channels yet to be discovered. A second major question for any candidate channel is its activation mechanism.

**NAD\(^{+}\) Derivatives and Ca\(^{2+}\) Release**

Nicotinamide adenine dinucleotide (NAD\(^{+}\)) is synthesized by joining nicotinamide (from niacin) with ribose and ADP; addition of a 2\(^{-}\)phosphate forms NADP\(^{+}\). Additionally, Ca\(^{2+}\)/calmodulin regulates some NAD kinases to produce NADP\(^{+}\), as occurs following Ca\(^{2+}\) entry in neutrophils during the respiratory burst or during fertilization. At acid pH, ADP-ribosyl cyclases exchange the nicotinamide moiety of NADP\(^{+}\) with nicotinic acid to produce NAADP\(^{+}\). NAADP\(^{+}\) is a potent (~100 nM) intracellular Ca\(^{2+}\) release messenger identified in sea urchin lysates (Lee, 2005). Proposed to release Ca\(^{2+}\) from ER, or lysosomes (Yamasaki et al., 2005), the target receptor for NAADP\(^{+}\) is not known.

ADP-ribosyl cyclases (e.g., CD38, CD157) cyclize NAD or NGD to produce cADP ribose (cADPr) or cGDPPr (Lee, 2001). TRPM2, a Ca\(^{2+}\)-permeant ion-channel activated by nucleotide binding to its C-terminal nudix domain, is one potential target of cADPr or cGDPPr. Alternatively, the redox status of cells encoded by the nucleotides NADP\(^{+}\)/NADPH may modulate IP\(_{i}\)Rs via ERp44 or somehow activate proposed oxidative stress-induced apoptotic intracellular channels such as Bax inhibitor 1. It is curious that ADP-ribosyl cyclase CD38 is an ectoenzyme given that the known nucleotide-binding sites are intracellular. Whether cells take up these extracellular nucleotides or receptors will require more investigation. Sirtuins are generally known as NAD\(^{+}\)-dependent histone deacetylases involved in gene silencing, but Sir2 can cleave nicotinamide from target proteins and transfer the protein’s acetyl group to ADP ribose to generate 2\(^{-}\)- or 3\(^{-}\)-O-acetyl-ADP ribose (OADPr), a regulator of sirtuin complexes (Liou et al., 2005). Surprisingly, some sirtuins are also ADP ribosyltransferases, creating OADPr, another potential Ca\(^{2+}\) mobilizing agent.

**Motility**

Ever since Sidney Ringer realized that it was the Ca\(^{2+}\) in London’s “hard” tap water that was required for heart contraction, Ca\(^{2+}\) has been associated with motility (Ringer, 1883). In muscle, Ca\(^{2+}\) binds troponin to relieve troponymosin’s block of myosin/actin binding. Motor proteins, such as myosin, dynein, and kinesin, are ATPases that are often modulated by Ca\(^{2+}\), especially via adaptors such as calmodulin and the kinases they activate. Sperm swim without extracellular Ca\(^{2+}\), although Ca\(^{2+}\) clearly regulates flagellar shape (Qi et al., 2007). In cells of the immune system, significant increases in cytoplasmic [Ca\(^{2+}\)] usually reduce or halt cell motility (Gallo et al., 2006). The clustering of mitochondria at sites of Ca\(^{2+}\) release may require the Miro family of mitochondrial RhoGTPases but may also depend on Ca\(^{2+}\)-dependent regulation of several cytoskeletal elements or motor proteins.

Ca\(^{2+}\)/calmodulin regulates cell shape through control of myosin’s interaction with cytoskeletal actin. Vaso-regulation by the control of smooth muscle contraction exemplifies such pathways. Smooth muscle contracts when Ca\(^{2+}\) channels open; Ca/CaM activates myosin light-chain kinase (MLCK, a CamK) to phosphorylate the myosin head light chain and enable myosin ATPase activity (Ledoux et al., 2006). Smooth-muscle relaxation is intrinsically and extrinsically modified. As smooth muscle [Ca\(^{2+}\)] declines due to normal homeostatic mechanisms, MLCK phosphatases initiate smooth-muscle relaxation. In addition, receptor-mediated [Ca\(^{2+}\)] increases in vascular endothelium lying adjacent to smooth muscle can initiate relaxation via release of vasoactive agents. Ca/CaM binding in endothelial cells activates nitric-oxide synthases (NOS3) (Dudzinski et al., 2006). Dimeric nitric-oxide synthases are a kind of miniature electron-transport chain in which electrons flow from NADPH at the C-terminal reductase of the enzyme to the oxygen at its N-terminal oxygenase domain, oxidizing L-Arg to L-citrulline and releasing nitric oxide. A reactive gas and molecule of innate immunity and signal transduction nitric oxide dramatically relaxes smooth muscle. Nitric oxide diffuses readily into adjacent smooth muscle, stimulates soluble guanylyl cyclase, and in turn protein kinase G, to phosphorylate exchange channels and channels that lower [Ca\(^{2+}\)]. NO also converts thiol groups (e.g., cysteines) to form S-nitrosothiols, a common posttranslational modification of proteins.

A simple way to detach cells in tissue culture is simply to lower extracellular [Ca\(^{2+}\)]. Cadherins, a family encoded by >100 genes, are critical to cell adhesion, and by coupling to catenins, vinculin, and actin, to development and morphology (Bamji, 2005). A short stretch of extracellular negatively charged amino acids binds up to three Ca\(^{2+}\) ions; removal of Ca\(^{2+}\) bends the cadherin structure and exposes it to proteases. Although Ca\(^{2+}\) does not appear to affect the canonical Wnt/\(\beta\)-catenin/planar cell-polarity pathway, it has been proposed to regulate Wnt signaling indirectly. Like cadherins, integrins also bind extracellular divalent cations (\(\alpha\) subunit; Ca\(^{2+}\) or Mg\(^{2+}\)), but the number of ions bound can be altered by ligands, such as components of the extracellular matrix. On the intracellular surface, talin, paxillin, and \(\alpha\)-actinin regulate focal adhesion kinases. Many of these pathways intersect with other Ca\(^{2+}\)-signaling pathways.
Propagation Extends the Spatial Reach of Ca\textsuperscript{2+}

Action potentials are a well-known mechanism to propagate increases in Ca\textsuperscript{2+}, up to a meter in humans. But in all cells, Ca\textsuperscript{2+} release from the ER is a nonlinear, cooperative process; IP\textsubscript{3} binds to four receptor sites on the IP\textsubscript{3}R (ITPR1-3), one on each subunit of the tetramer (Mikoshiba, 2007). In both ER and sarcoplasmic reticulum, IP\textsubscript{3}Rs and RyRs are at first potentiated, then inhibited by Ca\textsuperscript{2+}. Small perturbations in conditions, such as ambient [Ca\textsuperscript{2+}], [IP\textsubscript{3}], and various regulators, result in uncoordinated bursts of local release across a cell (called “sparks” for their appearance in Ca\textsuperscript{2+} imaging fluorescence microscopy [Guatimosim et al., 2002]). Increasing spark frequency can cascade and become regenerative. This regenerative release is seen as two- or three-dimensional waves of changes in [Ca\textsuperscript{2+}] that propagate within cells. Such patterns are visually arresting; waves can interact, create spirals, and annihilate. Incorporation of spatial and temporal components of Ca\textsuperscript{2+} release, inhibition, buffering, and diffusion into sets of coupled nonlinear differential equations can reproduce these phenomenon in silico.

Timely and spatially variant Ca\textsuperscript{2+} oscillations control easily observable events such as muscle contraction, fertilization, and secretion. On the molecular scale, the consequences of Ca\textsuperscript{2+} oscillations (waves) require a wealth of measurements not yet realizable. A reactant’s (Ca\textsuperscript{2+}, CAMP, NO, etc.) effects will depend on its on and off rates of binding and if in the right time frame will accumulate to encode frequency, as shown for NFAT translocation (Doimetsch et al., 1997). The large number of Ca\textsuperscript{2+}-binding proteins with unique on and off rates of Ca\textsuperscript{2+} binding and associated conformational protein changes dictates that regenerative Ca\textsuperscript{2+} changes will have widespread effects in cells. Just as for action potentials, Ca\textsuperscript{2+} waves are signals whose mechanisms and actions must be defined for each cell and tissue type.

Transcription Extends the Temporal Reach of Ca\textsuperscript{2+}

Gene transcription extends the impact of Ca\textsuperscript{2+} signaling into long-term changes in the life of the cell. Most Ca\textsuperscript{2+}-regulated transcription factors are in coincidence-switching networks that lead to unique endpoints. Both short- and long-term changes are evoked by experience-driven synaptic activity and localized Ca\textsuperscript{2+} changes that alter synaptic connectivity within a neural circuit (Flavell and Greenberg, 2007). In lymphocytes, a repetitive or prolonged increase in [Ca\textsuperscript{2+}], in combination with other signals, is needed for calcineurin-mediated progressive dephosphorylation of NFAT serines to expose a buried nuclear localization sequence. Importin then brings NFAT into the nucleus, where it can activate hundreds of immunity-related genes. Kinases rapidly phosphorylate NFAT, and it is returned to the cytoplasm via Crm1 exportin. During myogenesis, Ca\textsuperscript{2+}-dependent CaMK prevents formation of complexes of the transcription factor MEF2 and histone deacetylases (HDACs) but also phosphorylates HDAC4 and HDAC5 to induce nuclear export of these transcriptional repressors (McKinsey et al., 2000). TORC2, a CREB coactivator that regulates the viability of pancreatic islets, is restricted to the cytoplasm by a phosphorylation-dependent interaction with 14-3-3 protein. Increasing [Ca\textsuperscript{2+}] activates calcineurin to dephosphorylate TORC2, while increasing cAMP inhibits SIK2 (SNF1-like kinase 2). These coincident signals enable dephosphorylated TORC2 to enter the nucleus (Screaton et al., 2004). Mitogens activate PLC\gamma to release Ca\textsuperscript{2+} and DAG that in turn coactivate PKC. Ca\textsuperscript{2+} also binds RasGRF, activating RasGRP; PKC and RasGRP then coactivate Ras/Raf1 to initiate the MAPK cascade. These parallel switching networks are inputs to other coincidence counters, eventually activating genes that initiate proliferation or differentiation. In adult cardiomyocytes, proliferation and differentiation are not usually options; most of these cells undergo hypertrophy or die. Hypertrophy as a recognizable endpoint has led to the identification of many muscle proteins that regulate chromatin accessibility, gene transcription, and even microRNAs (Olson, 2006; van Rooij and Olson, 2007).

As with all intracellular compartments, accurate measurements of nuclear [Ca\textsuperscript{2+}] are lacking. Ca\textsuperscript{2+} and other molecules smaller than ~50 kDa can diffuse directly into the nucleus from the cytoplasm through the ~50 nm (~30 Ca\textsuperscript{2+} diameters) nuclear pore, where enzymes such as CaMKIV can directly regulate transcription factors and coregulators. Larger molecules are actively transported by the GTP-hydrolyzing Ran cycle. Ca\textsuperscript{2+} block of small-molecule diffusion has been observed in isolated nuclei, but there is little evidence to support physiological gating of the pore to small molecules. Ca\textsuperscript{2+} gradients may exist in folds of the nuclear membrane or specialized Ca\textsuperscript{2+} release sites on the inner nuclear membrane. Unique intranuclear buffers, nuclear geometry, and the lack of organelles dictates that intranuclear Ca\textsuperscript{2+} sequestration will be distinct from that found in the cytoplasm, but whether this has any biological consequence is an outstanding question.

Conclusion

Evolution has adopted positively charged Ca\textsuperscript{2+} and negatively charged phosphate ions as the two primary signaling elements of cells. Ca\textsuperscript{2+} signaling affects every aspect of a cell’s life and death. The most tightly regulated ion within all membrane-bound organisms, Ca\textsuperscript{2+} binds to thousands of proteins to effect changes in localization, association, and function. Questions of current interest are the identification of new Ca\textsuperscript{2+} compartments and their Ca\textsuperscript{2+} release receptors, gating of TRP and SOC/Oral channels, regulatory networks surrounding IP\textsubscript{3}, and RyR channels, the regulation of Golgi, endosomal, and vesicular fusion events, and increased understanding of Ca\textsuperscript{2+} regulation of mitochondrial shuttling, fission, fusion, energy production, and death. Longer-term questions that require development of new technologies surround Ca\textsuperscript{2+} changes within nuclei and organelles, vesicles, highly localized gradients, and their consequences.
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